



2022 SHORT COURSE OPEN WINTER CHAMPIONSHIPS

Friday 22nd – Sunday 24th July

Stratford TSB Pool

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|-----------------|-----------|--------------------------------|
| Friday | Session 1 | Warm-up 4.00, start 4.45pm |
| Saturday | Session 2 | Warm-up 10.00am, start 10.45am |
| Sunday | Session 3 | Warm-up 10:00am, start 10.45am |

Special thanks to Toi Foundation for their support of this event

Event Page: taranaki.swimming.org.nz/2022winterchamps-event.html

SESSION, EVENTS & QUALIFYING TIMES

| SESSION 1. Friday 22 nd July 2022 | | |
|--|--------|---|
| Warm up 4.00 pm | | |
| Start 4.45 pm | | |
| Event No | Age | Event and qualifying times |
| 1-4 | 12 & U | 200m Butterfly 10 & U 11/12 |
| 5, 7 | 13 & O | Female 200m Butterfly 13/14 3.30.00 15 & O 3.25.00 |
| 6, 8 | 13 & O | Male 200m Butterfly 13/14 3.20.00 15 & O 3.15.00 |
| 9-12 | 12 & U | 100m Medley 10 & U 11/12 |
| 13, 15 | 13 & O | Female 100m Medley 13/14 1.40.00 15 & O 1.25.00 |
| 14, 16 | 13 & O | Male 100m Medley 13/14 1.35.00 15 & O 1.30.00 |
| 17-20 | 12 & U | 50m Freestyle 10 & U 11/12 |
| 21, 23 | 13 & O | Female 50m Freestyle 13/14 36.00 15 & O 34.00 |
| 22, 24 | 13 & O | Male 50m Freestyle 13/14 34.00 15 & O 31.00 |
| Medal Presentation | | |
| 25-28 | 12 & U | 200m Breaststroke 10 & U 11/12 |
| 29, 31 | 13 & O | Female 200m Breaststroke 13/14 3.30.00 15 & O 3.25.00 |
| 30, 32 | 13 & O | Male 200m Breaststroke 13/14 3.18.00 15 & O 3.12.00 |
| 33-36 | 12 & U | 50m Backstroke 10 & U 11/12 |
| 37, 39 | 13 & O | Female 50m Backstroke 13/14 42.00 15 & O 40.00 |
| 38, 40 | 13 & O | Male 50m Backstroke 13/14 40.00 15 & O 37.00 |
| 41 | Open | Female 800m Free Fastest 14 swimmers |
| 42 | Open | Male 800m Free Fastest 14 swimmers |
| Medal Presentation | | |

| SESSION 2. Saturday 23 rd July 2022 | | |
|--|--------|---|
| Warm up 10.00 am | | |
| Start 10.45 am | | |
| Event No | Age | Event and qualifying times |
| 43-46 | 12 & U | 200m Freestyle 10 & U 11/12 |
| 47, 49 | 13 & O | Female 200m Freestyle 13/14 2.41.00 15 & O 2.37.00 |
| 48, 50 | 13 & O | Male 200m Freestyle 13/14 2.30.00 15 & O 2.25.00 |
| 51-54 | 12 & U | Female 50m Breaststroke 10 & U 11/12 |
| 55, 57 | 13 & O | Female 50m Breaststroke 13/14 45.00 15 & O 43.00 |
| 56, 58 | 13 & O | Male 50m Breaststroke 13/14 44.00 15 & O 41.00 |
| 59-62 | 12 & U | 50m Butterfly 10 & U 11/12 |
| 63, 54 | 13 & O | Female 50m Butterfly 13/14 40.00 15 & O 37.00 |
| 64, 66 | 13 & O | Male 50m Butterfly 13/14 37.00 15 & O 35.00 |
| Medal Presentation | | |
| 67-70 | 12 & U | 100m Backstroke 10 & U 11/12 |
| 71, 73 | 13 & O | Female 100m Backstroke 13/14 1.30.00 15 & O 1.25.00 |
| 72, 74 | 13 & O | Male 100m Backstroke 13/14 1.23.00 15 & O 1.18.00 |
| 75-78 | 12 & U | 200m Medley 10 & U 11/12 |
| 79, 81 | 13 & O | Female 200m Medley 13/14 3.10.00 15 & O 3.00.00 |
| 80, 82 | 13 & O | Male 200m Medley 13/14 3.00.00 15 & O 2.48.00 |
| 83 | Open | Female 1500m Free Fastest 14 swimmers |
| 84 | Open | Male 1500m Free Fastest 14 Swimmers |
| Medal Presentation | | |

| SESSION 3. Sunday 24 th July 2022 | | |
|--|--------|---|
| Warm up 10.00 am | | |
| Start 10.45 am | | |
| Event No | Age | Event and qualifying times |
| 85-88 | 12 & U | 400m Freestyle 10 & U 11/12 |
| 89, 91 | 13 & O | Female 400m Freestyle 13/14 6.00 15 & O 5.30 |
| 90, 92 | 13 & O | Male 400m Freestyle 13/14 5.40.00 15 & O 5.05.00 |
| 93-96 | 12 & U | 100m Butterfly 10 & U 11/12 |
| 97, 99 | 13 & O | Female 100m Butterfly 13/14 1.30.00 15 & O 1.25.00 |
| 98, 100 | 13 & O | Male 100m Butterfly 13/14 1.25.00 15 & O 1.15.00 |
| 101-104 | 12 & U | 100m Breaststroke 10 & U 11/12 |
| Medal Presentation | | |
| 105, 107 | 13 & O | Female 100m Breaststroke 13/14 1.40.00 15 & O 1.35.00 |
| 106, 108 | 13 & O | Male 100m Breaststroke 13/14 1.35.00 15 & O 1.30.00 |
| 109-112 | 12 & U | 200m Backstroke 10 & U 11/12 |
| 113, 115 | 13 & O | Female 200m Backstroke 13/14 3.05.00 15 & O 3.00.00 |
| 114, 116 | 13 & O | Male 200m Backstroke 13/14 2.50.00 15 & O 2.44.00 |
| 117-120 | 12 & U | 100m Freestyle 10 & U 11/12 |
| 121, 123 | 13 & O | Female 100m Freestyle 13/14 1.15.00 15 & O 1.12.00 |
| 122, 124 | 13 & O | Male 100m Freestyle 13/14 1.10.00 15 & O 1.06.00 |
| 125-128 | 12 & U | 400m Medley 10 & U 11/12 |
| 129, 131 | 13 & O | Female 400m Medley 13/14 7.00.00 15 & O 6.45.00 |
| 130, 132 | 13 & O | Male 400m Medley 13/14 6.30.00 15 & O 6.10.00 |
| 133 | Open | Mixed 100m Free Relay 1 Female 1 Male |
| Medal Presentation | | |

Closing date for entries: 8pm, 18 July 2022

Entry Fee: \$9.50 per event (relay free)

Entry Terms & Conditions

1. **All swimmers:** Must be a member of Swimming New Zealand.
2. **All events:** Will be conducted under the SNZ rules and local rules.
 - *All events will be timed finals
 - *All events will be swum in their age groups.
 - *Some events may be combined due to low entry numbers.
 - *Taranaki records - \$30 prize money awarded for the oldest Taranaki record broken by a Taranaki Swimmer
3. **Entries Close-off:** Entries close at 8.00pm on 18th July 2022 - late entries will not be accepted.
4. **Proof of times:** Times must be in the SNZ database and have been achieved at an approved meet.
5. **Age:** As at first day of meet.
6. **All events will be timed finals**
7. **Entry Times:** To be converted to 25 metre short course times.
8. **Qualifying Period:** 22nd July 2021 – 18th July 2022.
9. **Qualifying Times:** must be submitted for all events – No Time (NT) will not be accepted. There is no qualifying times for Years 12 and under however a time must be submitted that has been swum within the qualifying period.
10. **1500 free & 800 free:** Although there is no qualifying time, a current time within the qualifying period must be submitted. Fastest 14 swimmers per event. Winners will be declared on times.
11. **Relay:** (event 69): Mixed freestyle (2 x 50m) must be one male and one female, teams may consist of swimmers from different clubs, fastest team will be declared the winner. Entries to be in by the end of session 2 (Saturday morning session). Winners receive \$20 each.
12. **Technical/Performance Race Suits** are not allowed to be worn for junior swimmers aged 12 years and under. A technical / performance race suit is a specialized swimsuit designed with bonded/meshed seams or kinetic tape. In simpler terms, tech suits don't appear to have seams.
13. **Swimming Taranaki:** reserves the right to limit entries, should the need arise.
14. **Awards:** Medals will be awarded for 1st, 2nd, 3rd and ribbons for 4th – 7th places.
15. **Medal ceremony:** Will be done after events 24, 42, 66, 84, 108, 132.
16. **Team Managers:** Each club shall appoint one Team Manager who will handle all scratchings, protests, collection of disqualification slips and awards and attend any Managers' meetings. This person will also ensure that all club members adhere to the rules of the meet.
17. **Poolside Officials:** Swimming Taranaki shall endeavour to obtain the necessary number of officials. We welcome any assistance from visiting officials.
18. **Timekeepers:** Clubs are asked to provide at least one timekeeper per four swimmers per session please. Please supply names with entries.
19. **Athletes with a Disability:** Athletes who hold an IPC Classification are eligible to participate and will seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athletes or their team manager to inform the Referee before they swim of their IPC Classification in order that their swim can be judged under the applicable IPC rules.



2022 Short Course Championships

22-24 July 2022
TSB Pool, Stratford

Swimming Taranaki would like to welcome all swimmers, officials, team managers and supporters to Winter Short Course Championships. The enclosed information will help your participation and ensure the smooth running of our event.

GENERAL INFORMATION

| | |
|-------------------------|---|
| Meet Organisers: | Swimming Taranaki Board |
| Meet Secretary: | Tania Stockman Tel: 027 777 4859 taranakiswimming@gmail.com |
| Meet Director: | |

- **Warm down** pool for competitors will be available in the LTS pool. There is to be **no** tumble turning or diving in this pool. This pool is only available to those swimmers who require a warm down. This area will be monitored.

Programmes

- Will be available online only

Withdrawals

Withdrawals are the same as scratchings – ie. Where a swimmer for whatever reason decides not to take part in a race. Withdrawals will be accepted in accordance with **SNZ Regulation 3**.

- Withdrawals are not required for Heats. If the swimmer does not report to self-marshalling at the appropriate time prior to their Heat they will be deemed to have withdrawn.
- Withdrawals are definitely required for Finals. Withdrawals from Finals must be advised to Recording Office within 15 minutes of the heat results being posted. Finalists are deemed to include the first two reserves.
- Withdrawals from Timed Finals must be advised to the Recording Office at least 30 minutes before the start of the Session. If the final is being ran in the first session, then the withdrawal needs to be advised to the Recording Office at least 45 minutes prior to the start of the session.
Failure to notify withdrawals within the specified times will result in the swimmer being liable to a \$40.00 fine.
- The fine is payable on the day it is presented to you – failure to do so may result in the swimmer being unable to swim in the following session.
- Swimming New Zealand Scratching Forms are to be used. (in team managers folders in recording office)
- The Meet Director shall determine the acceptability on all matters where medical reasons or hardship are claimed.
Note: A Medical Certificate will be required for refunds on withdrawal and must be handed into the Recording Office before the conclusion of the meet.

Protests

- These must be lodged under SNZ Rule 3 on the Swimming New Zealand **Protest Form** (also in Team Managers folder)
- Protests can **only** be lodged by the duly appointed Team Manager on the appropriate form accompanied by the correct fee of **\$50.00**.

Officials

- Where appointed officials become unavailable, the Meet Director is to be notified as soon as possible.
- We welcome any assistance from visiting officials.
- All care will be taken to ensure rules are adhered to but Swimming Taranaki will not be held responsible for any errors should any records be taken.
- A white shirt is required at all times please. Black or white trousers or skirt if possible.

Timekeepers

- The Technical Committee will coordinate the placement of Time Keepers for the meet. A request that visitors help if possible.

Team Managers

- A Team Managers meeting will be held at **Friday 22 July** prior to Session One in the Clubrooms (to the right of the main pool).
- It is *strongly* recommended your Club be represented. Team Managers are responsible for ensuring that information from this and subsequent meetings is passed to the relevant members/swimmers within the Club.
- Team Folders are located in the clubrooms and entry to this area is **RESTRICTED** to Team Managers only.
- All enquiries to the **Meet Director** – **DO NOT** disturb Recording Staff.

Opening Ceremony

- Will take place **prior** to the start of Session One – Friday.
- Warm up will finish at 4.30pm be immediately followed by the Opening Ceremony.

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Marshalling

- The Marshalling area is beyond the warm down pool for sessions 2, 4 and 6.
- Swimmers are to report to the Marshall **FOUR (4)**. Or when called by the Announcer.
- Any swimmer who fails to report on time will be deemed to have withdrawn.
- Swimmers *must* remain in the Marshalling Area *until* told to move forward to the starting blocks.
- Should a swimmer absent him/herself from the designated Marshalling area *without* permission they will be **liable** to disqualification by the Referee prior to the start of the race. **This is a Meet Rule.**

Events

- Events will be swum as per the programme however the Organising Committee reserve the right to the following:
 - To restrict the number of any entries for any event
 - To combine events where necessary

Timed Finals

- This meet is being run as timed finals for all events.

Results

- Results will be posted on the Swimming Taranaki website.

Medal Presentations

- There will be Medal Presentations after events 24, 42, 66, 84, 108, 132.
- Ribbons will be labelled and placed in Team boxes in the clubrooms for collection by Team Managers only.

Prize

- There is a \$30 prize to the Taranaki swimmer who breaks the oldest Swimming Taranaki record during the meet.

Time Trials

- There will be **no** time trials permitted for the duration of the Championships.

Housekeeping Duties

- Please ensure that your Club appoints sufficient, competent people for each duty.
- Ensure they are correctly briefed and are made available for the duration required.
- Please ensure your Club is a good participant in these duties, none of which are onerous, but each of which is vital to the success of the Championships.

EMERGENCY & SAFETY PROCEDURES

Under the Occupational Health & Safety Act (OSH) it is necessary for Swimming Taranaki to advise you of the hazards that may affect you whilst swimming or attending any of our Swimming Taranaki run Carnivals and Championships.

Notified Hazards

- Swimming pool.
- Floor Surfaces are slippery when wet. No running.
- Seating can become slippery when wet.
- Caution around Starting Equipment cables is required.
- Weather conditions: hot/cold have different effects on body.
- Hazardous substances: chemical in pool area.

In General

- Familiarise yourself with the pool layout, exits and equipment
- Ensure children **do not** run around out of control.
- Advise of dangers or problems that you may observe. Do not leave it up to others.
- Stay away from roped off areas at all times.

In an Emergency

- Tell the nearest Pool Attendant or Swimming Official who will advise the Referee.
- First Aid kits are available at the main Control Centre.
- If you have to contact Emergency Services be accurate with your address.
- Pool life guards are trained in first aid & CPR.

For Evacuation

- Do not panic.
- Three (3) loud blasts on the whistle by the Referee shall clear the pool.
- Leave the pool complex as directed by pool staff.
- Assemble in area designated by pool Staff.
- Assist Team Managers and Officials to evacuate the swimmers safely.
- Conduct a roll call to account for all persons (children and adults) in **your** club.
- Notify the relevant emergency services as required.

During the Meet

- Please take care to ensure the health and safety of yourself and others.
- Take particular care of those under your direct control.

**Be safe and enjoy all swimming activities run by
Swimming Taranaki**